



Navigating Childhood Sexual Abuse

Video 1

What to do when you find a child in your home has experienced sexual abuse

Statistics and definitions:

Every _____ minutes, Child Protective Services finds evidence of a report for childhood sexual abuse.

1:4 women and 1:13 men experience some form of childhood sexual abuse before the age of _____.

12% of women were _____ or younger when their victimization happened.

_____ of men in general have been victimized and were 10 or younger when they were victimized.

Definition of childhood sexual abuse:

Any interaction with a child by another adult or a child that is used for sexual arousal or stimulation. This is by a perpetrator or an observer and can include touching or non-touching behaviors.

Non-touching behaviors include:

- *Exhibitionism*: exposure of any kind of body part, specifically genitals, to a minor
- *Voyeurism*: looking at a child's naked body, watching sexual acts involving children in person or by video
- *Child pornography*: making or viewing child pornography OR viewing pornography with a child
- *Sexual harassment*: any behavior that is offensive, or speaking any kind of sexual language to or around a child



- Groping/fondling either over or under clothes
- Genital or oral contact
- Sexual penetration by a body part or an object

Additional Notes

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VIDEO 2

Red flags for childhood sexual abuse

Children often do NOT immediately _____ when they have been sexually abused.

Red Flags of Childhood Sexual Abuse:

- A child's behavior changes into a pattern not normal for them
 - Younger children may play out their traumatic experience
 - Regressive behaviors such as thumb sucking, bed wetting, or clinginess
 - Children may develop compulsions, masturbate, or self-stimulate
- A child develops chronic UTI (urinary tract infections) or other types of STDs (sexually transmitted diseases)
 - This requires immediate medical treatment
- Older children may experience significant mood changes
- Sudden onset of self-harming behaviors, suicidal ideation, or substance abuse
- Development of an eating disorder
- Controlling or overly possessive behaviors
- Nightmares, insomnia, or fear of the dark
- Anger/rage outbursts
- A knowledge of sexual issues that they have not known before or that have not been taught to them

Asking direct _____ is the best way to get the answers you need.

Approaching things with curiosity prevents a child feeling _____.

Additional Notes



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VIDEO 3

How to respond if you find your child has experienced sexual abuse

Your emotional response, whatever it may be, is _____.

Adults who have experienced childhood sexual abuse say that the _____ of their parent(s) was more critical than the abuse itself.

Disclosure is NOT common immediately after sexual abuse.

Responding Well if a Child Discloses Sexual Abuse:

- The #1 responses parents should have if their child discloses sexual abuse is to _____.
 - The words, the tone, and the non-verbal expressions that come from parents matter significantly.
 - Recognize potential _____ that come up after a disclosure.
 - Righteous _____ does NOT facilitate healing in people.
 - Our response facilitates _____ or _____.
- Ensure the child is physically _____.
- _____ report the abuse.
- Seek _____ attention if necessary.
- Seek _____; never do this alone.

Additional Notes



Responding to a foster/adoptive child who has experienced childhood sexual abuse

Seek help from the community, your support system, your church, and professionals in your area for child, but also for yourself

Additional Notes

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Preventing childhood sexual abuse

- There are a lot of ways to mitigate fears and dangers, but you cannot protect your kids 100%.

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