



Single, But Supported

VIDEO 1

- Deuteronomy 31:6 reminds us we aren't alone; God is _____.
- Psalm 30:11 says, "You have turned my _____ into _____."
- Psalm 68:5 promises that God will be a _____ to the fatherless.
- We might be single, but we aren't _____ alone.
- God will fill in the gaps if we _____ our children & families to Him.
- Isaiah 43:1-2 reminds us that God will _____ us and keeps in the _____ of His hand.
- Anyone who breaks a promise lacks either the _____ or the _____ to hold true to their word.

Additional Notes



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VIDEO 2

- We cannot _____ our kids from trauma, but we can _____ them from it.
- The three types of trauma are _____, _____, and _____.
- Complex trauma is exposure to _____ traumatic events.
- Chronic trauma is _____ exposure to trauma.
- Acute trauma is caused by a _____ traumatic event.
- As parents, we are most able to successfully isolate our kids from complex and _____ trauma.
- The insulation process starts with _____.
- One of the best places to find a healthy, spiritual community is in a local _____.
- Always ask for _____ if needed.

Additional Notes



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VIDEO 3

- A life plan is a specific document to help you set priorities and specific _____
_____ to get you where you want to be in life.
- A life plan helps you see how _____ you've come on your journey.
- Proverbs 16:3 says that if we commit our plans to the Lord, we will see _____.
- We may not know the final destination, but God will reveal His plan to us if we
_____ Him and step out in _____.

Additional Notes



This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no vertical margin lines or other markings present. The paper appears to be a standard piece of stationery used for writing or drawing.